	DAY 1	
7.30pm	Welcome and Session 1	
8.30pm	Bar/Social	
9.30pm	End of day	

	DAY 2	
9.30am	Group Session 2	
10.30am	Break	
11am	Group Session 3	
12pm	Break	
2.30pm	Group Session 4	
3.30pm	Break	
4pm	Group Session 5	
5pm	Break	
8pm	Bar/Social	
9pm	End of day	

9.30am	DAY 3 Group Session 6
11.30am	Break and Recording time
2.30pm	Group Session 7
3.30pm	Tea/Cake/End of day